Step One Aa The Foundation Of Recovery

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three powerful movements provided the foundation for a fourth movement t is the self help movement of alcoholics anonymous often reffered to as a a it s success and growth has been unequaled by the previous three movements as it has spread acroos the globe a a itself has become the foundation for 100 s of other self help movements this collection of three books gives a clearer picture of how the roots of a a were formed the collection starts with sam shoemakers american implementation then moves into the initial oxford group movement and ends up with william booth s the salvation army that has been helping people start new lives for over 150 years the common thread of all movements is turning to god for your strength and answers god bless you tuchy palmieri

this book brings together a series of short discussions from various authors who interpret the twelve steps the twelve steps of alcoholics anonymous form the cornerstone of one of the most effective programs for recovery from alcoholism the steps have also been successfully adapted for use in the treatment of many other dependencies this book brings together for the first time a series of short discussions that interpret each of the twelve steps from the admission of individual powerlessness over alcohol that occurs in step one to the moral inventory of step four and the spiritual awakening of step twelve each discussion has a separate author demonstrating the diversity of voices that is at the heart of an and each author provides insights that keep the steps fresh and meaningful whether they we been read once or a hundred times

this book straddles the divide between personal story and period history in his finely researched account jay d moore follows the life of a driven genius stock analyst brought to the brink of insanity by alcohol a second thread traces the story of a physician humbled and bewildered by the same struggle finally the story traverses the path through life of an unimaginably wealthy man telling how he decides to use his treasure to benefit others it has been said that there are no new ideas only history we have not

yet learned no new ideas were brought to the fellowship of alcoholics anonymous for everything the co founders and early members did had been done before what they managed to change however was to stick to their knitting the facts presented here help separate the truth from legend as the story of alcoholics anonymous and the rockefeller connection is presented with more depth and analysis than has been brought to the subject before

a a co founder bill w tells the story of the growth of alcoholics anonymous from its make or break beginnings in new york and akron in the early 1930s to its spread across the country and overseas in the years that followed a wealth of personal accounts and anecdotes portray the dramatic power of the a a twelve step program of recovery unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence bill recounts the evolution of the twelve steps the twelve traditions and the twelve concepts for world service those principles and practices that protect a a s three legacies of recovery unity and service and how in 1955 the responsibility for these were passed on by the founding members to the fellowship a a s membership at large in closing chapters of alcoholics anonymous comes of age early friends of a a including the influential dr silkworth and father ed dowling share their perspectives includes 16 pages of archival photographs for those interested in the history of a a and how it has withstood the test of time alcoholics anonymous comes of age offers on the growth of this ground breaking movement alcoholics anonymous comes of age has been approved by the general service conference

over a million people have been helped to take that first step with this easy to read pamphlet the author provides an in depth understanding of the first step in the 12 step program of alcoholics anonymous step 1 the foundations of recovery also provides a table that outlines the stages of addiction and recovery over a million people have been helped to take that first step with this easy to read pamphlet the author provides an in depth understanding of the first step in the 12 step program of alcoholics anonymous step 1 the foundations of recovery also provides a table that outlines the stages of addiction and recovery

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more than half a century has gone by since a a s historic 1955 convention in st louis when the founding members passed on to the entire fellowship the responsibility for the three legacies of recovery unity and service this book takes a a members and interested friends on a quick tour of the convention traces the history and development of the three legacies and looks at a a through the eyes of some early non alcoholics who influenced the fellowship s history the first part is co founder bill w s reminiscent sketch of the convention in which he takes an appreciative look at many of the participants and reflects on events that shaped a a the second part consists of bill s three convention talks edited and enlarged on the legacies of recovery unity and service here is bill s story how he drank got sober met dr bob and other founding members and how they struggled together to keep a a going with little guidance beyond the lessons of experience then bill moves on to describe how the twelve traditions developed as a a s protective shield against the human faults that lead alcoholics into trouble drunk or sober and he finishes by laying out the development of a a services culminating in the formation of the general service conference to serve as guadian of a a s traditions and world services in the third part readers will meet five early friends of a a dr harry tiebout the first psychiatrist to openly espouse a a dr w w bauer of the american medical association jesuit father edward dowling and episcopal priest dr samuel shoemaker both of whom helped shape a a s spiritual principles and benard b smith attorney and longtime chair of the general service board these nonalcoholics tell of their association with a a the part they played in its development and their view of what the future holds

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